

**CITY OF FONTANA
PARKS, COMMUNITY AND HUMAN SERVICES COMMISSION**

**Mayor's Youth Advisory Council
2022 Teen Leadership Summit Recap**

Mayor's Youth Advisory Council Background

The City of Fontana, Mayor's Youth Advisory Council (MYAC) is an award-winning, San Bernardino County recognized group of teens that dedicate their time and passion to assist in advancing our city. MYAC allows members ages 12 -18 years old the opportunity to become involved in their Community by establishing a foundation of leadership, promoting youth development, and providing civic engagement opportunities to young people in our community. MYAC is currently comprised of 47 members representing Fontana and Etiwanda School Districts Middle and High Schools.

MYAC presents an annual Teen Leadership Summit with the goal to empower local teens with the tools needed to become strong leaders amongst their peers in the community by providing an environment that encourages open dialogue and active learning. MYAC has been hosting this event for the past 7 years and each year the summit has been evolving in participates and topics. The summit first started as an anti-bullying event and through the years it has evolved to a leadership development summit for all youth and parents to attend.

2022 Teen Leadership Summit Summary:

The Teen Leadership Summit was hosted at Summit High School on Saturday, March 19, 2022, from Monday, April 5th, 2021, to 10:00am to 3:00pm. The City of Fontana, Community Services Department's Mayor's Youth Advisory Council (MYAC) in partnership with the Fontana Unified School District (FUSD) presented the 7th Teen Leadership Summit. A total of two hundred and thirty **(230)** attended. Leading up to the Teen Leadership Summit, MYAC members were essential in the planning process. Members gained knowledge in strategic planning, phone etiquette, and relationship building amongst other skills and training.

Workshops focused on youth leaderships, digital health, teamwork, and relationship building, career readiness, and mental health. In addition, parents were encouraged to attend workshop that focused on college readiness and underage drinking and driving.

The Teen Leadership Summit had participants attended from, Fontana, San Bernardino, Redlands, Rancho Cucamonga, Highland, Ontario, La Verne, and Perris. San Bernardino County Superintendent of Schools Children Deserve Success, Fontana Unified School District and Fontana Expanded Learning Program attend.

The Teen Leadership Summit commenced with Mayor Acquafredda Warren, who shared her passion and vision for the youth in our City. This year's opening keynote speaker was Felix Bobo the founder of Unlimited University. Mr. Bobo spoke about the "4c" and developing better-prepared leaders, moving towards positive habits, using our gifts and talents to the fullest, and becoming the best version of ourselves. Felix's speech provided a high energy and stories of inspiration that guide participants towards positive impact.

Bobo introduced the 4c.

- Champion Mindset
- Control
- Commit and
- Compete

Bobo reflected on individual's leadership and their "why?" While breaking down each step of character and how you can use these skills in the real world whether it's in person or the virtual world. Mr. Bobo also encouraged TLS the importance of committing to your goals and competing to be the best version of yourself every day.

Teen Leaderships concluded with Caleb Campbell of Teen Truth. Caleb is a leading mental health advocate for teens and student athletes around the world and has been serving as TEEN TRUTH's #1 mental health speaker since 2018. Mr. Caleb shared a dynamic presentation about youth voice, mental health, and growth. Mr. Campbell is a former NFL player and US Army Officer who now tours the country extending TEEN TRUTH's mission to schools like ours. Since its inception, TEEN TRUTH has touched over 11 million students and has a footprint in over 7,000 schools. He C

Youth Workshops

Our interactive workshops offered topics for both youth and parents in attendance. There was a total of five workshops for youth and two parents to attend each day. Below are the workshops and a brief description of what each session entailed.

Youth Voice (Leader in your community)

Mayor's Youth Advisory Council members presented an engaging workshop to the youth on how to become leaders in their community; if it's at school, extracurricular activities (sports, clubs, and after-school programs), and/or home. MYAC members focused on communications, integrity, accountability, and how to make an impact in the world and in your community, starting with you.

Digital Health

Perla Barajas from Healthy Fontana hosted "digital health workshops, explored the dangers and benefits that electronic device can have on our health in today's virtual world. Ms. Barajas also dispelled some myths around mental health and share resources available to those in need. An interactive activity will include starting your own wellness garden.

Teamwork and Relationship Building

Hosted by Stan Clark, Aquatics Coordinator from City of Fontana hosted an engaging and hands-on workshop, participants learned the difference between each person's quality and how those qualities are what makes our community a strong and united group. Seeing and appreciating one's differences is a great opportunity for us to grow as a group and individually, allowing us to collaborate positively to make an impact in our community.

The Power of the Mind - Mental Health

Dr. Carla Francisco, LCSW, MA hosted an introductory workshop in which explored the topic of emotional and psychological trauma and how to provide caring, compassionate, and empathetic support. Trauma doesn't discriminate; it affects people of every race, age, ethnicity, and socioeconomic level. Students were able to define trauma, recognize various types, and understand the impact traumas present to the youth.

Career Readiness - Planes, Trains & Autonomous Vehicles (PTAV)

Monique Carter, Communications & Marketing Manager from City of Fontana, provided a workshop focused on career readiness, Students were able to gain knowledge about various fields related to transportation. Students in attendance understood the groundwork to join careers paths within planes, trains & autonomous vehicles.

Parent Workshops:

Power of Parents

Mothers Against Drunk Driving (MADD) hosted Power of Parents workshop in which empowered parents of middle school and high school students to have ongoing, intentional conversations about the dangers and consequences of underage drinking.

College Bound – Fontana Unified School District

MR Garcia hosted an interactive educational workshop that will help students and parents develop an understanding of the importance of goal planning, possible college options, career interests, and tips for showcasing talents and accomplishment.

Resource Fair:

The fair provided a wide range of resources ranging from health and wellness, community groups to colleges and career information. Participants were able to explore the following twenty-three (23) resource vendors:

- Mothers Against Drunk Driving (MADD)
- Impact Teen Drivers
- Hawkeye Properties
- San Bernardino Fire Department
- American Cancer Society
- TruEvolution
- We Tip 2.0
- Girl Scouts of San Geronio
- Partners Against Violence
- First Institute Training & Man.
- Reach Out
- Unlimited University
- Chaffey College

- San Bernardino Valley College
- CSU Fullerton
- Healthy Fontana
- Fontana Art Depot
- Fontana Sports
- Police Explorers
- Fontana Facilities
- Fontana Park Aquatics Center
- City of Perris Youth Advisory Council
- City of Ontario Youth Advisory Council

Raffle:

The event concluded with a raffle prize that were donated by local community businesses. Thank you to our generous donors which included: City of Fontana Aquatics, Applebee's, Panda Express, Logan's Roadhouse, Connect the Dots Advertising, Ontario Reign and TEAMSTERS 1932.

Event Survey Responses:

Staff surveyed participants for their feedback and engagement. The following are the results of the survey.

Participant Feedback:

- Parent quote - "Listening to Caleb Campbell was a very motivating and powering."
- Participant quote – "After hearing Felix, I'm ready to lead and shine in my community."
- Participant quote – "Thank you so much for all your hard work. Was the first time that I attend to a conference since I am new in the city. We had a good experience."
- Participant quote – "I will make commitment today to inspire others."
- Participant quote - "Thank you this really helped me to get ready for college because I am researching everything I need and this got me a step ahead even though I am in middle school this helped me so much. The mindset is powerful so much this helps."
- Participant quote "Great information about college readiness. Thank you, Mr. Garcia, for sharing!"
- Participant quote "I enjoyed learning different skills that can help me grow as a leader!"

Survey Results:

23% of participates were in 6th – 8th grade
 59% of participates were in 9th-12th grade
 18% of participates were parents or community members
 77% of our participates came from Fontana, CA
 95% of the participates would recommend this event to their peers.

97% of the participates found the information provided useful.
93% of the participates would attend the event again.

MYAC members continue to be an asset to the community. The professionalism exhibited thus far has been impressive, with each member contributing to the overall success of the summit. Determination, leadership, teamwork, communication, creativity, and innovation will guide the Mayor's Youth Advisory Council to many great accomplishments that are sure to impact the Fontana community for many years to come

TEEN LEADERSHIP SUMMIT



Mayors Youth Advisory Council

MYAC



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MYAC is currently comprised of **47** members representing Fontana and Etiwanda School Districts High Schools and Middle Schools.

Teen Leadership Summit

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2022 Teen Leadership Summit

230 Participants Total

Students in attendance: 185

Parents in attendance: 45

Participants came from: Fontana, San Bernardino, Redlands,
Rancho Cucamonga,
Highland, Ontario, La Verne and Perris.

San Bernardino County Superintendent of Schools Children
Deserve Success, Fontana Unified School District &
Fontana Expanded Learning Program



Event Speakers



Mayor Acquanetta Warren

Felix Bobo (Keynote)
Unlimited University



Caleb Campbell (Keynote)
Teen Truth



Mr. Michael A. Garcia
Director, Family & Community Engagement
(FACE)



Thank you to all our Resource Booths!

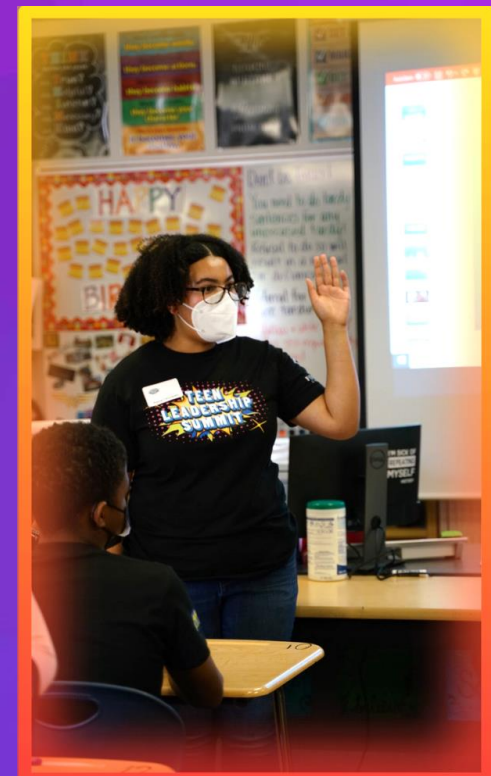
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- Police Explorers
- Fontana Facilities
- Fontana Park Aquatics Center
- City of Perris Youth Advisory Council
- City of Ontario Youth Advisory Council



Summit Workshops



- **MYAC Youth Voice Workshop:** Presented by Mayors Youth Advisory Council Member
- **Digital Health Workshop:** City of Fontana – Healthy Fontana
- **Teamwork and Relationship Building Workshop:** City of Fontana – Stan Clark
- **Career Readiness Workshop:** City of Fontana – Monique Carter
- **The Power of the Mind Workshop:** Sickle Cell Disease Foundation – Dr. Carla Francisco
- **Power of Parents Workshop:** Mothers Against Drunk Driving – Amsale Darden
- **Collegebound Workshop:** Fontana Unified School District - Michael Garcia



QUOTES

Listening to Caleb Campbell was a very motivating and powering

After hearing Felix, I'm ready to lead and shine in my community.

Great information about college readiness. Thank you, Mr. Garcia, for sharing!

The information that I gained that day would lead me to follow my future endeavors and believing in myself.

I learned how to have a champions mindset and how to persevere when obstacles in life get challenging.

I had a lot of fun!

I'm a leader!

Thank you so much for all your hard work. Was the first time that I attend to a conference since I am new in the city. We had a good experience.

I can look for signs of early mental illness to prevent it from getting worse.

I will make commitment today to inspire others.

Mental health is important, rest when you need it. You don't walk on an injured ankle, because you need to let it heal. You need to let yourself heal.

I will use these skills in future leadership positions and my future careers.

Felix Bobo was great.

MADD speaker was phenomenal!

Survey Evaluations

95% of the participants would recommend this event to their peers.

97% of the participants found the information provided useful.

93% of the participants would attend the event again.



MYAC is accepting applications for the 2022 - 2023 term

For more information, please contact us at the following:



MYAC@fontana.org



<https://www.fontana.org/233/Mayors-Youth-Council>



(909) 349-6960